3rd MENA Headache Conference
2nd African Headache Conference
1st Egyptian Headache Conference

Under the Auspices of the International Headache Society (IHS)
in collaboration with the Headache Chapter of the Egyptian Society of Neurology, Psychiatry and Neurosurgery.
The European Headache Federation & World Federation of Neurology.

Conference 18th-20th October 2018
Conrad Cairo Hotel, Egypt
Welcome Message

Dear Colleagues

It is a great pleasure and an honor to extend to you a warm invitation to attend the 3rd Middle East North Africa (MENA) Headache Conference, to be held October 18 – 21, 2018 in Cairo Egypt.

The 2018 conference is organized by MENA Headache under the auspices of the international Headache Society and in collaboration with the European Headache Federation and the headache chapter of the Egyptian Society of Neurology, Psychiatry and Neurosurgery. It is also endorsed by the European Academy of Neurology and the World Federation of Neurology. The conference will present the state-of-the-art in headache research and management, reflecting the huge advances in this field in the past decade.

More than 50 international experts will be speaking at the conference, covering the wide range of topics on migraine and other headache types.

Hands-on workshops and lectures by the world’s most eminent headache scientists will surely make it an outstanding scientific experience.

Cairo is an exceptional location for the conference. It is renowned as one of the world’s most outstanding cities, with a rich history and a vibrant atmosphere. The social program highlights Egypt’s unique culture and arts will surely be a memorable experience in one of the world’s most popular tourist destinations.

We hope you will join us for a symphony of outstanding science, and take a little extra time to enjoy the spectacular and unique beauty of Egypt.

With best wishes,

M. Osama Abdulghani

The MENA Headache Conference Co-chairs

Abu Baker Al Madani (UAE)
Hayrunnissa Bolay (Turkey)
Najib Kissani (Morocco)
Ramez Reda Moustafa (Egypt)
Stefan Evers (Germany)
Youssoufa Maiga (Mali)
Prof. M. Osama Abdulghani  
Chairman of the Headache Chapter & Conference  

Prof. Khaled El Borolossy  
Honorary Chairman  

### Conference Co-Chairs

- Abu Baker AlMadani (UAE)  
- Hayrunnisa Bolay (Turkey)  
- Najib Kissani (Morocco)  
- Ramez Reda Moustafa (Egypt)  
- Stefan Evers (Germany)  
- Youssoufa Maiga (Mali)

### Key Speakers

- Dimos Mitsikostas (Greece)  
- Hayrunnisa Bolay (Turkey)  
- Ishaq Abu-Arafeh (UK)  
- Koen Paemeleire (Belgium)  
- Lars Edvinsson (Sweden)  
- Mattias Linde (Norway)  
- Paolo Martelletti (Italy)  
- Peter Goadsby (UK)  
- Rob Cowan (USA)  
- Stephen Silberstein (USA)  
- Timothy J Steiner (UK)
ESNPN Board

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Mohamed El Tamawy (Egypt)
Nevine El Nahas (Egypt)
Tadesse Seda (Ethiopia)
Ziad El Chami (Saudi Arabia)
### Organizing committee

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The epidemiology and healthcare burden of headache “Focus on regional data”
Maria Khan Junaidi, UAE

1st epidemiological door to door study about headaches in Morocco
Najib Kissani, Morocco

Ain Shams university experience in headache clinic
Randa Amin, Egypt

Nigerian experience in headache practice
Yahaya Obiabo, Nigeria

Chronic Migraine, MENA Region Experience in the past 10 years
Ziad AlChami, KSA

UAE experience in having a multidisciplinary headache clinic
Abu Baker AlMadani, UAE

10:30 am – 11:00 am Coffee break
Session 2 11:00 - 12:15 pm

18th October 2018

Public Health Aspects of Headache

The GBD studies 1990-2018: headache, disability and public ill health in the world and in MENA
Timothy J Steiner, UK

The HUNT studies from Norway: lessons for headache and public health in MENA
Mattias Linde, Norway

The DREAM programme: can it guide headache service delivery in sub-Saharan Africa?
M Leone, Italy/Malawi

Discussion
18th October 2018

Opening Ceremony

Ramez Reda Moustafa, Introduction
Khaled Elborollosi
MENA Organization

Keynote Lectures

Demystifying the science of monoclonal antibodies in migraine
Lars Edvinsson, President IHS, Sweden

Job Burden of Headache Disorders
Paolo Martelletti, President EHF, Italy

Osama Abdul Ghani, Egypt
Novartis Symposium

18th October 2018

Symposium Panel
Abu Baker Al Madani
Stephen Silberstein
Hayrunnissa Bolay
Ramez Reda
Celebrity guest of Honor

01:45 - 02:45 pm

Peter Goadsby, UK
Tension headache and depression

Tarek Asaad
Head and neck nerves blockade
Sphenopalatine ganglion and trigger points’ blockade
Derya Uluduz, Turkey
Ramez Reda Moustafa, Egypt

Ultrasound - Guided Cervical Root Injection
Ahmed Elsadek, Egypt

Radiofrequency Interventions In Headache
Ahmed Abd Al Barr, Egypt
Osama Abdulghani
Tim Steiner
Koen Paemeleire
Youssoufa Maiga

Quantitative D Dimer Level & Anticoagulant Therapy In Idiopathic Intracranial Hypertension
Sherine El Mously, Egypt

Sleep & Psychiatric Abnormalities In School Aged Children With Migraine
Sherine Ahmed, Egypt

Efficacy Of Repetitive Tms In Treatment Of 1ry Chronic Daily Headache
Aya Farouk, Egypt

Traditional understanding of migraine
Yared Zenebe, Ethiopia

Micheal Ndungu, Kenya
Utility of orbital ultrasound in headache of intracranial hypertension: CUNU experience
Nermine Kishk, Egypt

Volumetric Brain changes in migraine
Ghada Saeed Abdelazim, Egypt

Migraine related disability & comorbid depression among migraineurs in Ethiopia: a cross sectional study
Yared Yifru, Ethiopia

Spontaneous Intracranial hypotension swings between over- and under-estimation
Wafik Bahnasy, Egypt

Prevalence of migraine in upper egypt
Mohamed Abd Elhamid, Egypt
Session 1
Pathophysiology & Diagnosis

19th October 2018

Update in migraine pathophysiology
Peter Goadsby, UK

Sensorial processing disruption in migraine
Hayrunnissa Bolay, Turkey

Clinical diagnosis of headache: A sub-Saharan African Approach
Callixte Kaute, Cameroon

Migraine & Epilepsy
Hassan Hosny, Egypt

Clinical Diagnosis & Approach To Headache
Lala Seck, Senegal

Discussion

04:00 pm - 04:30 pm Lunch
Chronic migraine: recognizing and treating spontaneous intracranial hypotension
Rob Cowan, USA

Update in migraine treatment
Stephen Silberstein, USA

Tailoring treatment in Migraine
Ramez Reda Moustafa, Egypt

Neuromodulation Impact on Chronic Migraine
Hatem Samir, Egypt

Epidemiology of migraine in sub-Saharan Africa
Youssoufa Maiga, Mali
Update on Headache Classifications
Sherine Farag, Egypt

Treatment guidelines for Cluster headache and other TACs
Koen Paemeleire, Belgium

Trigeminal Autonomic Cephalagia: Types and Classification
Ayman Nasef, Egypt

Tension Headache
Tedessa Sedda, Ethiopia

Does headache affect memory: myth or fact?
Yasir Malik, UAE

11:15 – 11:45 am   Coffee break
Migraine/Trigeminal Neuralgia relationship  
Khaled Al Toukhy, Egypt

Headache during pregnancy  
W. Haroun, Sudan

Chronic migraine in children  
Ishaq Abu-Arefah, UK
Clinical approach to Childhood headache  
Nahed Salah, Egypt

Headache and Epilepsy  
Mahmoud Hemeida, Egypt

Chahnez Triki, Tunisia
Chronic migraine and Botulinum Toxin Workshop

P. Yalinay, Turkey
Nevine Mohieldin Shalaby, Egypt
Nevine El-Nahas, Egypt
Session 3

20th October 2018

Sponsor Symposium

01:00 - 02:00 pm
Session 4  
20th October 2018

Secondary Headaches

Diagnosis of Secondary Headache- Emphasis on the Middle East  
M. Khalil, UK

Medication overuse headache: A new name for an old problem  
Rob Cowan, USA

Secondary headache  
Maouly Fall, Senegal

Recent management of idiopathic intracranial hypertension  
Salah Hamada, Egypt

Cervicogenic & sinus headache  
DM Kayed, UAE

Discussion

03:00 - 04:00 pm  Lunch
How can we use telemedicine in headache management?

Najib Kissani, Morocco

Ain Shams Virtual Hospital Experience: The Treat and Teach Initiative

Tamer Emara, Egypt
Shahinaz Helmy, Egypt

The role of complementary and alternative medicine and Traditional medicines in headache management: Potential therapeutic benefits or placebo effect?

F. Mahomoodally, Mauritius

Traditional practices for headache management in Ethiopia

Endegena Abebe, Ethiopia

Discussion
workshop

Advanced Clinical workshop

20th October 2018

05:00 - 06:00 pm

Moderator
Randa Amin

How I treat difficult cases: Tips & Tricks

Paolo Martelletti, Italy
Hassan Hosny, Egypt
H. Bolay, Turkey
Modar Khalil, UK

08:00 pm Dinner